



Left to right: Michael Fitzpatrick, M.D. (Child & Adolescence Psychiatrist), Joseph Simpson, M.D. (Supervising Psychiatrist), Alisa Sabshin, M.D. (Mental Health Psychiatrist), Carlos Contreras, M.D. (Mental Health Psychiatrist), Romana Zvereva, M.D. (Mental Health Psychiatrist), Shayan Rab, M.D. (Mental Health Psychiatrist), Marcia Mshewa, M.D. (Psychiatrist), and Marc Heiser, M.D. (Child & Adolescence Psychiatrist.)

UNLIMITED GROWTH OPPORTUNITIES



**Los Angeles County
Department of Mental Health
Office of the Medical Director**
For more information visit:
www.PsychiatristJobs.LA

Leading The Way

The Los Angeles County Department of Mental Health is at the forefront of healthcare reform, and we are building the future of community psychiatry. We seek to reshape mental health services in general, and psychiatric services in particular. Our department is looking for talented psychiatrists who are creative, passionate, and ready to push the boundaries of traditional community practice.

We want you to build a successful future here in the vibrant, diverse, and thriving metropolis that is the city of Los Angeles. That's why we offer highly competitive salaries, exceptional benefits, and participation in cutting-edge programs using the latest technology. You will make a difference in the lives of those who truly need your expertise and appreciate the services we can offer. You will grow professionally, and with allowed employment outside the Department of Mental Health, you may pursue other aspects of your career. Unprecedented opportunities abound as well for your professional education endeavors, from six local psychiatric training programs to actual CME certification.

Our work matters, and there's no better place to start a meaningful and rewarding psychiatric career than the Los Angeles County Department of Mental Health.



Our Work Matters

The following examples are programs that the Department of Mental Health provides to all age groups – children, transitional age youth, adults, and older adults. These programs are run by multi-disciplinary teams that include psychiatrists, clinicians, case managers, housing and employment specialists, substance abuse counselors, and peer advocates:

Correctional Health Services, operating under the Department of Health Services and the Sheriff's Department, offer various levels of mental health treatment for inmates in the Los Angeles County jail. Correctional Health Services provides an opportunity for teaching and research through local universities, including faculty appointments to supervise forensic fellows.

Crisis Resolution Services provide intensive, short-term treatment to assist individuals in resolving and/or coping with psychosocial crises. Services are designed to stabilize individuals and to minimize psychiatric emergency room visits and hospitalizations.

Field Capable Clinical Services are specialty mental health services that are provided in accessible, alternative locations as well as in traditional mental health clinics.

Full Service Partnerships are based upon the Assertive Community Treatment model remarkably implemented on a vast scale. These field-based teams provide a wide array of services consistent with a commitment to do "whatever it takes" to make recovery and wellness a reality.

Juvenile Justice Program is designed to meet the mental health needs of children and adolescents who enter the Los Angeles County juvenile justice system and are detained in the County's juvenile halls and camps. The Juvenile Justice Program is an interagency collaboration of the County Departments of Mental Health, Children and Family Services, Probation, Health Services, the Los Angeles County Office of Education, and the Edmund D. Edelman Children's Court.

Men's Community Reintegration Services & Education Center (MCRSEC) is an education and resource center providing a comprehensive approach to meeting the needs of men who were recently incarcerated and face co-occurring mental health & substance abuse issues.

Outpatient Clinics provide mental health treatment for individuals of all ages and their families who are affected by serious mental illness or emotional disturbance. The clinics offer an array of recovery-oriented clinical services, including psychiatric evaluation and treatment, psychosocial assessment, crisis intervention, case management, individual, family, and group psychotherapy. Outpatient clinics operate Full Service Partnerships, Wellness Centers, offers adult and geriatrics Field Capable Clinical Services throughout the county.



Specialized Foster Care Program provides mental health services targeted to children and youth who are under the supervision of the Department of Children and Family Services or who are at risk of entering the child welfare system.

Telemental Health and Psychiatric Consultation Services are provided by a specialized team located in a clinical hub. Evaluation, medication management, and other essential services are delivered remotely via teleconferencing. In addition, psychiatric consultation, including e-consultation, is provided to primary care practitioners to better manage patients with comorbid conditions ranging from mild to moderate mental health disorders.

Urgent Care Centers provide crisis intervention and stabilization for individuals who otherwise might be treated in psychiatric emergency rooms.

Veterans & Loved Ones Recovery (VALOR) Program helps veterans throughout the county who are homeless or at-risk of being homeless regardless of military discharge status. The program provides outreach and engagement, field and office-based outpatient mental health services.

Wellness Centers focus on wellness and recovery and offer support to adult clients who no longer need intensive treatment. These centers provide a full array of mental health services, as well as self-help groups, physical health management, social and recreational activities, and linkages to various community services.

Women's Community Reintegration Services & Education Center (WCRSEC) is an education and resource center providing a comprehensive approach to meeting the needs of women who were recently incarcerated and face co-occurring mental health & substance abuse issues.

Mental Health Psychiatrists

Salaries

The County of Los Angeles Department of Mental Health (DMH) offers competitive salaries starting at up to \$284,000/yr. Bonuses as noted below:

- 5.5% Bonus for ABPN certification, 2.75% bonus for second certification in Child & Adolescent Psychiatry, Forensic Psychiatry, Addiction Psychiatry, and Addiction Medicine
- 5.5% Site bonus for work assignments at Antelope Valley MHC, Palmdale MHC, and Juvenile Justice Programs

Benefits

Each psychiatrist hired by DMH is given a monthly benefits allowance, based on the number of dependents enrolled for coverage. The "Choices" plan allows you to "shop" for the benefits you need. Any allowance left over is added to your paycheck as taxable pay.

Medical Plans

- CIGNA Network HMO
- CIGNA Network POS
- Kaiser Permanente
- CAPE/Blue Shield Classic POS Plan
- CAPE/Blue Shield Lite POS Plan

Dental Plans

- Delta Dental
- Delta Care
- MetLife (SafeGuard)

Annual Leave

- 96 hours annually - sick time
- 80 hours annually - vacation time

Holidays

- 11 paid holidays



CMEs

- 80 hours allowed annually for approved CME training or activities related to maintenance of certification

Outside Employment

- 24 hours allowed weekly

Other Benefit Choices

- Horizons 457 Deferred Compensation Plan (with up to 4% County matching funds)
- Contributory or Non-Contributory Retirement Plans
- Basic, Dependent and Optional Group Term Life Insurance
- Accidental Death and Dismemberment Insurance
- Health Care Spending Account
- Dependent Care Spending Account
- Medical Coverage Protection (LTD Health Insurance)

For more information regarding benefits, please contact the DMH Benefits Coordinator at (213) 738-4326.

Supervising Mental Health Psychiatrists



Left to right: Anna Khijniak, M.D. (Child & Adolescence Psychiatrist), Maged Botros, M.D. (Child & Adolescence Psychiatrist), and Anna Xiao, M.D. (Mental Health Psychiatrist.)

Salaries

The County of Los Angeles Department of Mental Health offers competitive annual salaries, currently within the range of \$224K to 284K, with final salary determination based upon a physician's level of experience, Board-Certification bonuses and site-location bonuses as noted below:

- 5.5% bonus for ABPN certification
- 5.5% Site bonus for work assignments in Antelope Valley MHC, Palmdale MHC, and Juvenile Justice
- 2.75% bonus for second certification (Child & Adolescent ABPN Certification, Forensic, Addiction Psychiatry and Addiction Medicine)

Benefits

MegaFlex is a comprehensive flexible benefits program that allows you to choose the benefits that make the most sense for you and your family. As a MegaFlex participant, you get a monthly benefits allowance (14.5%-17% of your salary) from the County, which you use to purchase the benefits you need. If the monthly cost of the benefits you choose is less than your monthly allowance, you receive the difference as additional taxable pay.

Medical Plans

- Kaiser Permanente
- Anthem Blue Cross California Care HMO
- Anthem Blue Cross Plus POS
- Anthem Blue Cross Prudent Buyer PPO
- Anthem Blue Cross Catastrophic

Dental Plans

- Delta Dental
- Delta Care
- MetLife (SafeGuard)

Annual Leave

Instead of traditional vacation and sick leave days, MegaFlex participants earn annual leave and may purchase additional leave.

- Non-elective Leave (earned): 10 days/year
- Elective Leave (purchased): up to 20 days/year

Holidays

- 12 paid holidays

Outside Employment

- 24 hours allowed weekly

Other Benefit Choices

- 401(k) Plan (with up to 4% County matching funds)
- Horizons 457 Deferred Compensation Plan (with up to 4% County matching funds)
- Contributory or Non-Contributory Retirement Plans
- Survivor Income Benefits Coverage Insurance
- Accidental Death and Dismemberment Insurance
- Short Term Disability Insurance
- Long Term Disability Insurance
- Long Term Disability Health Insurance
- MetLife Life Insurance
- Health Care Spending Account
- Dependent Care Spending Account

For more information regarding benefits, please contact the DMH Benefits Coordinator at (213) 738-4326.